

Ch 8: Growing Up Into Christ

Steps to Christ Children's Activity Sheet

Summary: Plants need sunshine, water, and air to grow – they cannot make themselves grow if they do not have these necessary elements in their environment. In a similar way, Jesus gives us what we need to grow in our spiritual lives. We cannot live holy lives without Jesus, but when we trust in Him and spend time with Him, He gives us the power to live obedient, loving, joyful lives with Him.

Activity: Color the picture below to show beautiful flowers thriving in the sunshine.

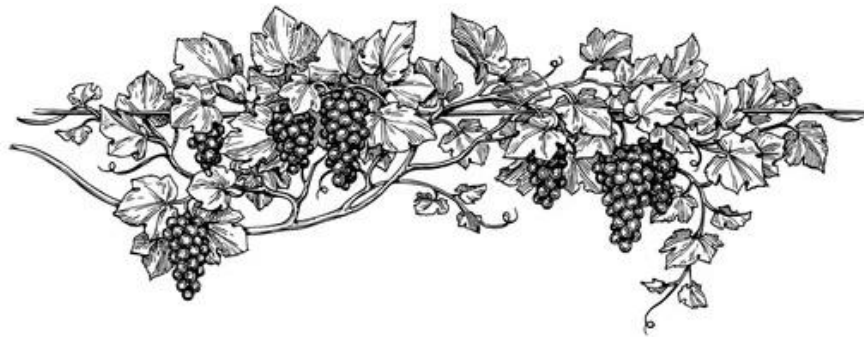


Just like plants grow and produce beautiful flowers when they have sunshine, we will grow and become beautiful in our hearts, our characters, when we have Jesus in our lives.

Activity: Like flowers turn towards the sun, we need to keep our eyes fixed on Jesus if we want to grow more like Him. Discuss with your family how you can “keep your eyes on Jesus” in the following situations.

1. In the morning, when you first get up.
2. When you are having fun with your friends at school.
3. When you have a hard class, test, or homework assignment.
4. When a friend or sibling annoys you.
5. When you are helping your parents in the house or yard.
6. When you are enjoying good food.
7. When you are getting ready for bed.

Here is another way of thinking about how we grow in Jesus: the branches of a grape vine only grow and produce fruit if they stay connected to the main vine; if they break off, they will die. We grow and produce fruit in our spiritual lives when we stay connected to Jesus.



“I am the vine, you are the branches.” – John 15:5

Bible Story (Luke 10:38-42): Jesus went to Bethany to visit His good friends Lazarus, Martha, and Mary. They welcomed Him into their home. Martha was very busy cooking and serving her guests. But Mary sat at Jesus feet and listened to everything He said and taught. Finally, Martha came to Jesus and said, “Lord, doesn’t it seem unfair to you that my sister just sits here while I do all the work? Tell her to come and help me.” But Jesus said, “My dear Martha, you are worried and upset over all these details! There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her.” Mary had discovered that the most important thing in life was to be with and learn from Jesus. That is what changed her life and gave her joy and peace. That is what Jesus wants for each of us.

Song: His Banner Over Me is Love (<https://www.youtube.com/watch?v=uxgw6pbW59E>)